

Einsatz der medidux-App in der Früherkennung von Symptomen und Therapienebenwirkungen bei ambulanten Krebspatienten – Stand heute

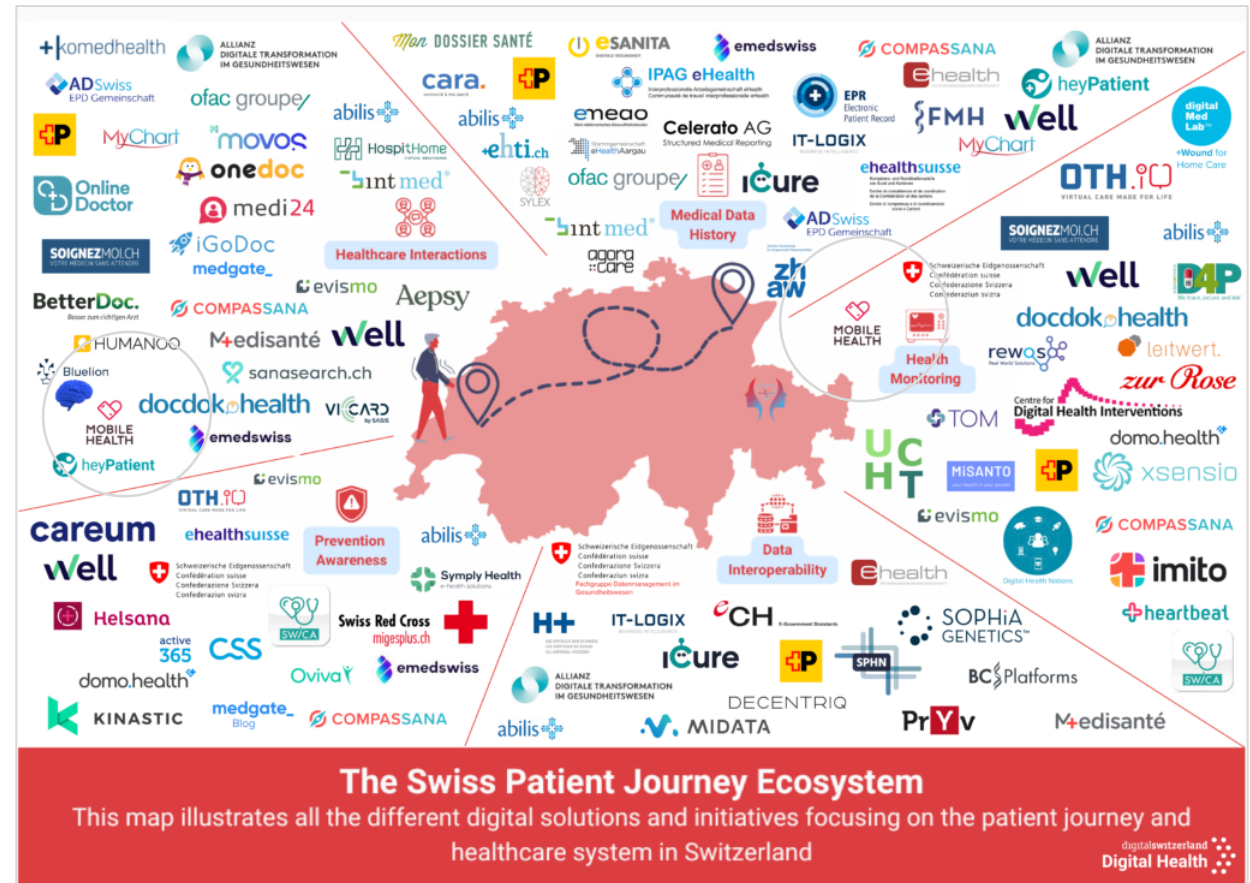
Prof. Dr. med. Andreas Trojan
CMO mobile Health AG

Digital Solutions

- Aktivität und Wohlbefinden von Brustkrebspatientinnen stabilisieren
- Kommunikation zwischen Patient und Arzt und die Identifikation von relevanten Symptomen anregen

J Med Internet Res. 2016 Sep 6;18(9):e238

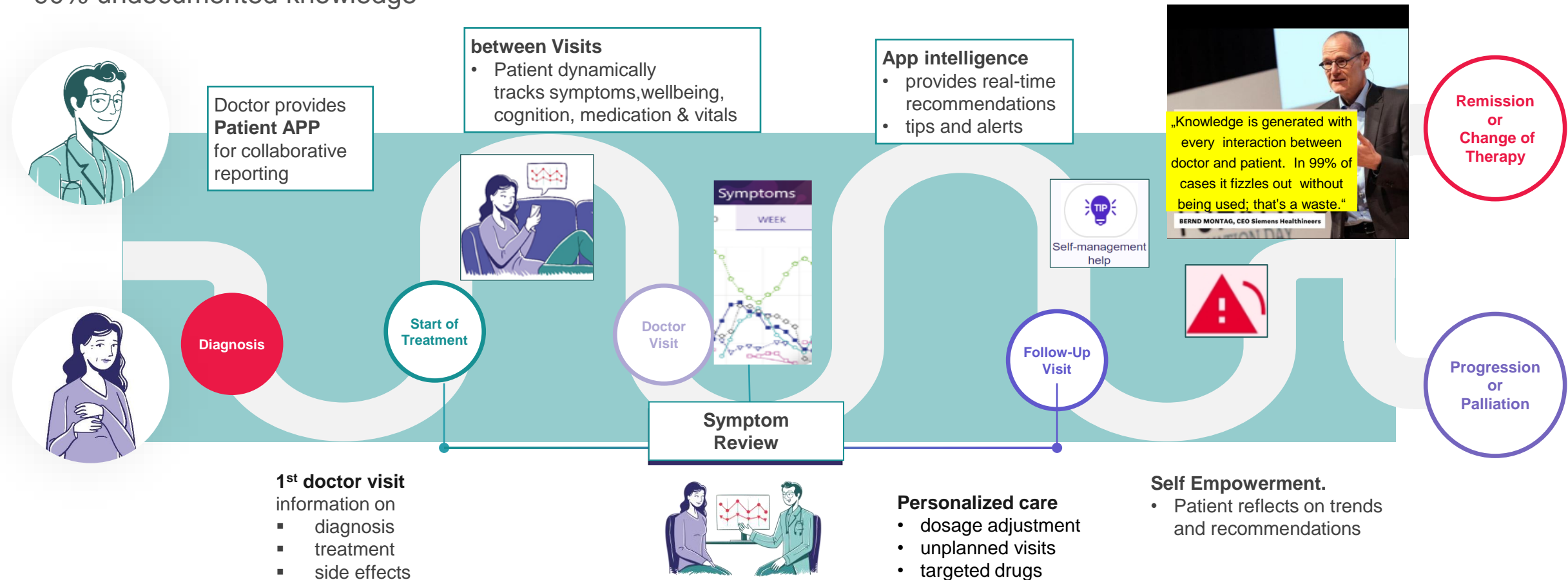
<https://www.fmh.ch/fr/themes/qualite-asqm/innovation-qualite.cfm#i150904>



The Swiss Patient Journey Ecosystem
This map illustrates all the different digital solutions and initiatives focusing on the patient journey and healthcare system in Switzerland

Patient Journey Companion

Problem: Patients forget which and when exactly symptoms arose, and doctors spend substantial time to understand patients' condition with inefficient communication → 90% undocumented knowledge



Outpatient Data Report



90% Clinical Information

REPORT

Page 1 OF 12

Patient Name: Max Mustermann
Date of Birth: 18.3.1980
Clinic: Muster-Clinic
Doctor: Doctor Who
Export Period: 1 year (1.1. – 30.1.2022)
Date of Export: 02.06.2022
Number of Reviews: 8

ALL EVENTS ■ Added by Physician
■ Added by Patient

- Wellbeing (1-10)
- Cognition time (10-200 sec)
- Alert, Symptoms > Grade 2

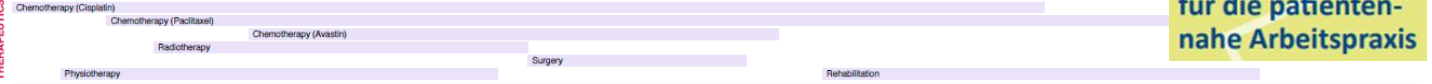
VITALS

- Oximeter SpO2 80-100 %
- Weight 60-100 kg
- Blood Sugar 4-20 mmol/l
- Pulse 60-100 bpm
- Systolic 100-180 mmHg
- Diastolic 50-110 mmHg
- Temperature 36-38°C

ALL SYMPTOMS (1-10)

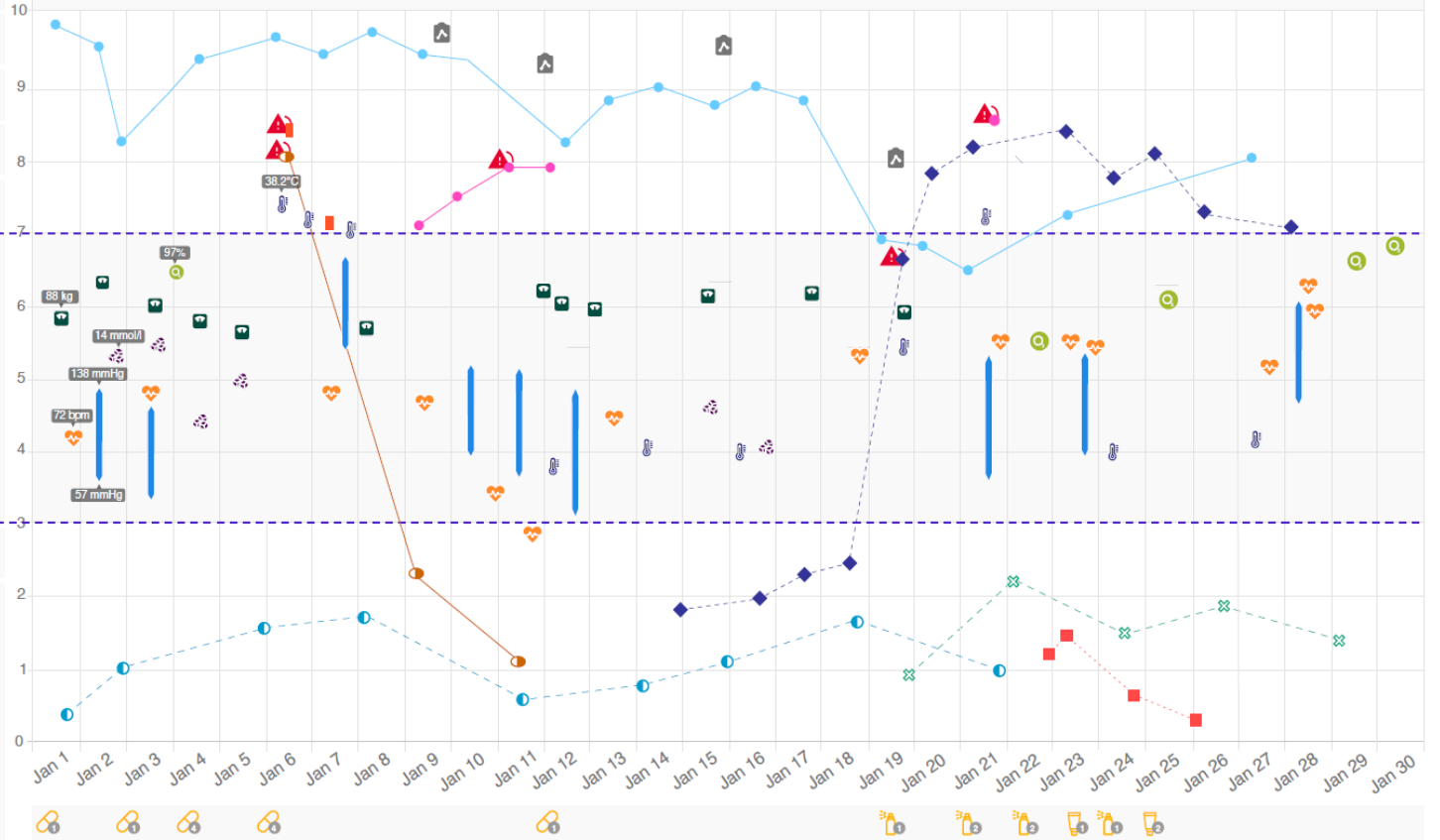
- Dry mouth
- Cough with sputum
- Fever
- Tiredness / Fatigue
- Cough with sputum
- Limb/muscle pain
- Diarrhea
- Skin redness/ rash

THERAPEUTICS

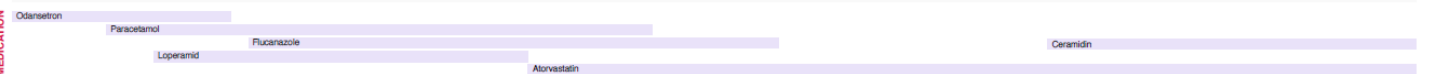


- Chemotherapy
- Radiotherapy
- Control visit (Lab)
- Phone call
- Unplanned visit
- Hospitalization
- X-Ray
- Emergency
- Surgery
- Physiotherapie
- Rehabilitation

ALL EVENTS



MEDICATION



Qualität im
Gesundheitswesen
für die patienten-
nahe Arbeitspraxis



Benefit for Patients

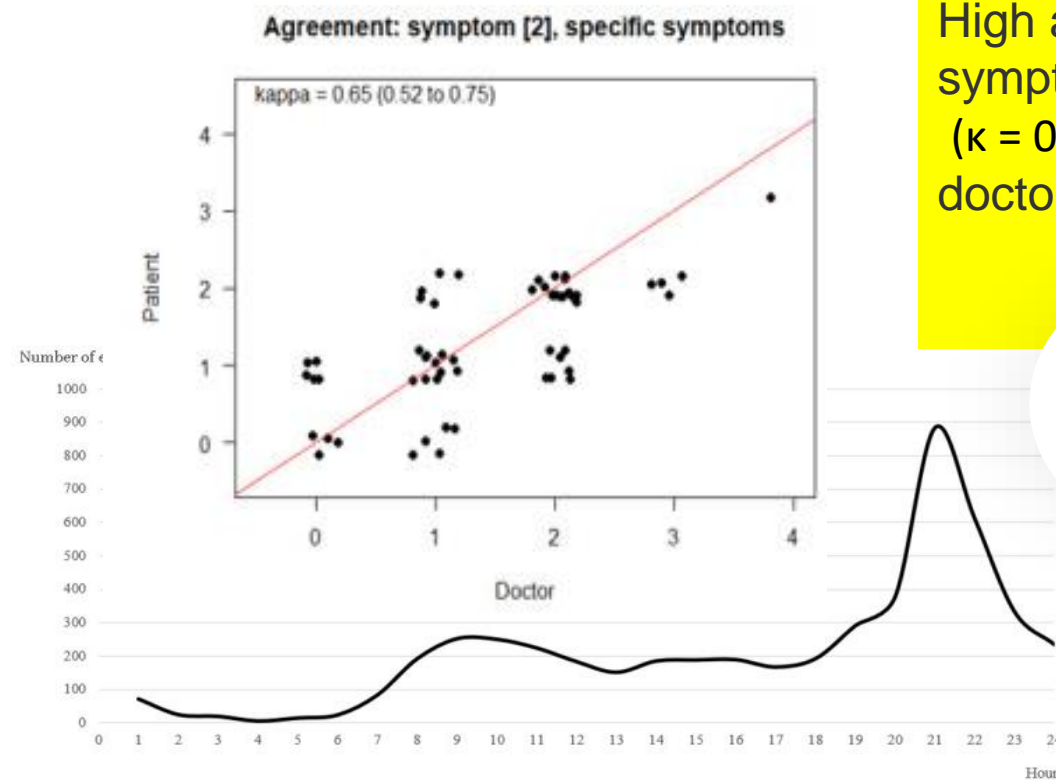


Medidux App Utility

	Question	Mean
Q1	I find the app helpful.	73
Q2	The app is easy to use.	90
Q3	The App helps me deal with the symptoms of my illness.	67
Q4	The app has a positive effect on outpatient visits	69
Q5	My records were taken into account by the physician during consultations.	78
Q6	My symptoms were taken seriously by the physician	91
Q7	I believe that my personal data are treated confidentially and used securely.	94
Q8	I would recommend the app to other patients.	82
Q9	The tips from the "Swiss Cancer League" were helpful.	68



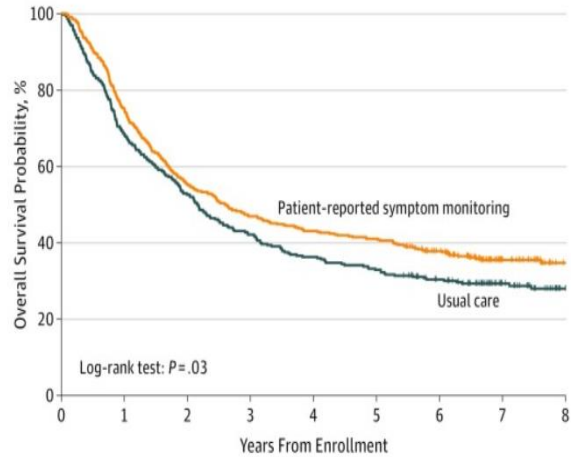
Medidux App: Reliability of Symptom Reporting from Patients



High agreement on symptom severity ($\kappa = 0.65$) between doctors & patients

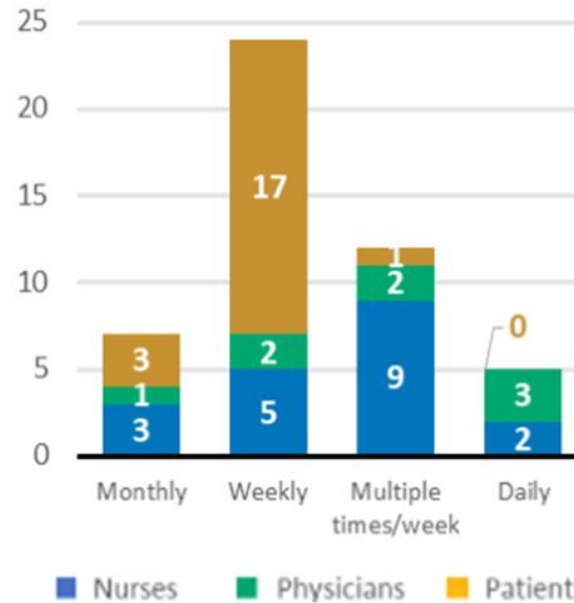


Benefit for Doctors

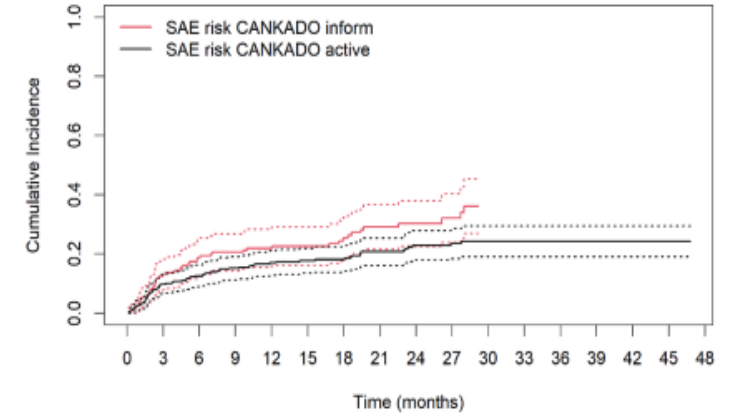


No. at risk	0	1	2	3	4	5	6	7	8
Patient-reported symptom monitoring	441	331	244	207	190	181	148	65	33
Usual care	325	223	171	137	118	107	89	50	27

OS among Patients with metastatic Cancer assigned to ePRO Symptom Monitoring during Routine Chemotherapy vs Usual Care



More efficient, focused discussions between pts and HCPs, time saving 5-10 min/ cons, less hospitalization



Month	0	12	24	36
Patients at risk CANKADO-active	318	139	49	10
Patients at risk CANKADO-inform	161	61	17	2

Favorable impact of therapy management by an interactive eHealth system, delayed SAEs

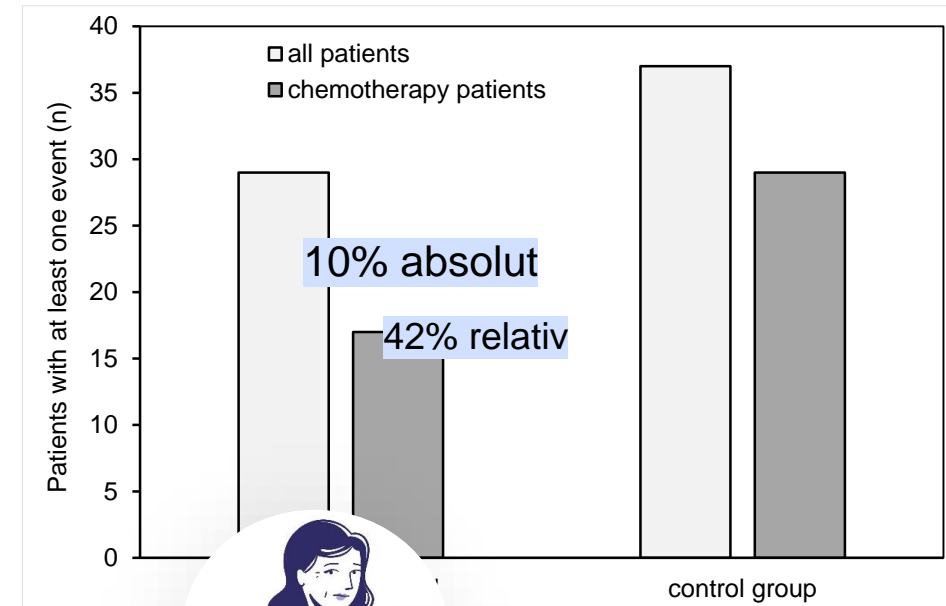
Medidux reduces Hospitalisations

Table 2 Occurrence of at least one event in patients

Events	«medidux-cohort»	Historical cohort
Number of patients (n)	178	178
Patients with ≥ 1 event, n (%)	29 (16,29)	37 (20,78)
Total number of events (n)	36	38
Unplanned (emergency) consultations	23	29
Hospitalizations ≤ 2 days (n)	5	4
Hospitalizations > 2 days (n)	8	5
Subgroups tumor stages		
AJCC-stage I (n event/ n total)	1/22	0/25
AJCC- stage II (n event/ n total)	9/68	9/51
AJCC- stage III (n event/ n total)	4/37	9/16
AJCC- stage IV (n event/ n total)	15/51	19/41
Subgroups therapies		
Chemotherapy (n event/ n total)	17/139	29/139
Non-Chemotherapy (n event/ n total)	12/39	8/39
Subgroups cancer entities		
Breast cancer (n)	22	23
Lung cancer (n)	2	4
Prostate cancer (n)	1	2
Colorectal cancer (n)	1	6
Haematological malignancies (n)	3	2











Medidux App: Improves Safety



Impact of "electronic Patient Reported Outcomes" (ePRO) on unplanned consultations and hospitalizations in cancer patients undergoing systemic therapy: results of the PRO study compared with matched retrospective data

Medical Device App – ePROs comparison

ePROs	 medidux	 kaiku HEALTH	 noona	 oleena®	 heartbeat+	 CANKADO	 mika	 RESILIENCE DIGITAL ONCOLOGY
Data accuracy (κ)	0.68	0.48	n.a.	n.a.	n.a.	n.a.	n.a.	0.48
Data amount	+++	++	++	+	+	+	+	+
Medical device	Class I	Class I	Class II/FDA	FDA	n.a.	Class I	Class I	Class I
Modularity	++	+	+	-	++	+	-	+
Symptoms	114 CTCAE	28+ PROM	24+ PROM	7	5 -30 QLQ	84 PROM	20 Psycho	28+ PROM
Review (κ)	++	n.a.	+	n.a.	n.a.	n.a.	n.a.	n.a.
Symptom chart	dynamic	1-3 weeks	1- 3 weeks	weeks	weeks	1- 3 weeks	weeks	1-3 weeks
Studies	++	++	++	+	n.a.	+++	+	+
Adherence	++	++	+	+	+	++	+	+
Interoperability	++	-	-	+	+	+	-	-

medidux™ - a trusted therapy companion for patients



medidux

Your diary and useful companion during and after cancer therapy

Lohfert-Preis, 2017
Innovation Qualité, 2020
InnoPeak, 2020

SWISS MADE

Your **DIARY** can improve quality of treatment day by day

RECORD your symptoms to understand your condition

Helpful **TIPS** to improve your wellbeing

TRACK your symptoms and share with doctor

NOTIFICATIONS let you know when symptoms require action

CONTACT your treatment team efficiently

Log your **VITALS** to keep this information in one place

Measure mental functions with **COGNITIVE TEST**

Add **EVENTS AND NOTES** related to your treatment

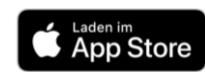
Keep track of your **MEDICATION**



Medical Device
CE - Class I




- Available in:
- ✓ English
 - ✓ German
 - ✓ French
 - ✓ Italian



Studies and Publications

- **Proprietary medidux™ platform & app, CE- Class I (MDD Class I)** symptom progression charts notifies patient & oncologist as defined according to CTCAE ([2020](#))
- **Clinical Trial Patient-App improves Daily Activity** ([JMIR 2016](#)) randomized trial in symptom recording in 140 breast cancer patients undergoing Chemotherapy
- **Symptom recording in cancer patients undergoing Immunotherapy** ([SAKK- Alpine TIR](#)) temporary Collaboration
- **Clinical Trial Patient-App improves Symptom Recording** ([JMIR cancer 2021](#)) digital symptom recording improves patient- doctor experience in 192 cancer patients
- **Report on medication Effectiveness in personalized medicine** ([Case Rep Oncol 2021](#)) durable response documentation and tolerability in breast cancer
- **Review of ePROs improves Congruence of Patient- and Clinician- reported Toxicity** ([JMIR 2021](#)) collaborative & shared monitoring of treatment related symptoms in 224 cancer patients
- **DiGA- Evaluation of the positive care effect of the digital health app medidux™ in Oncology:** multicentre randomised controlled trial 560 patients, 36 centres in D + CH ([NCT05425550](#)) (open 11/2022)

Clinical Trials and Registries

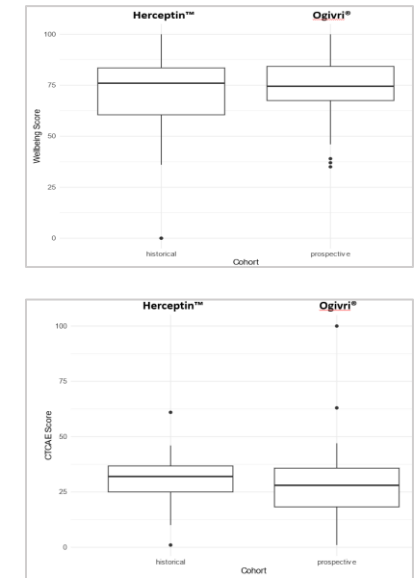
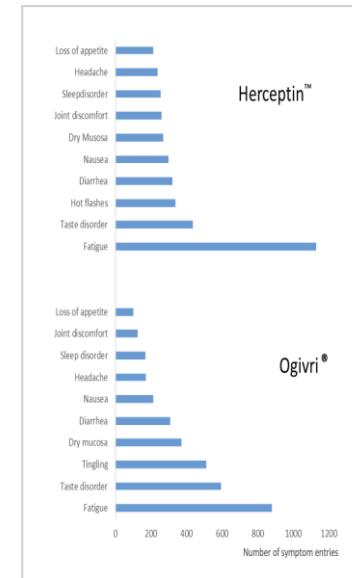
- **HER2-Biosimilar in Breast Cancer:** Real world ePRO observational trial for description of Quality of life and Outcome - 80 patients, 8 centers in CH, „Flat Iron„- like approach
Industry Funding: 05/2021 -05/2023 -> ([Link to study](#))
- **Ovarian Cancer relapse:** ePROs and Quality of Life depending on Follow-up Care
Observational Trial, 450 patients, 10 centers, International Study „womens health“
Various Foundations: submission 07/2021 -> [Link to study](#)
- **THC-CBD for nausea, emesis, sleeplessness, pain, anxiety, appetite loss in cancer assessed via ePRO.** prospective randomized control study: 150 patients, 6 centers
Industry Funding: submission 08/2021 -> [Registry website](#)
- **ePROs and biomonitoring for early detection/ management of side effects in cancer Immunotherapy:** Feasibility Study, 20 pts, “implant medical device”
Industry Funding & mHealth AG: submission 02/2024 -> [Link to study](#)
- **medidux + IoTs / wearables for tracking chronic Care Patients**
Observational Trial study on effects in home Care Settings
Various Funding: submission 08/2024
- **Efficiency of “ medidux” for tracking symptoms in patients medicated in Acute Admission Units (AAU)**
Randomized Control Trial (RCT) study on cost reducing effects in emergencies
Various Funding: submission 05/2024

Predictive Analytics

HER2-directed biosimilar Ogivri® in the treatment of breast cancer: real-world reporting of symptoms and well-being using electronic patient-reported outcome (ePRO): results of the OGIPRO study

Andreas Trojan, Sven Roth, Ziad Atassi, Michael K. Kiessling, Reinhard Zenhäusern, Yannick Kadwany, Johannes Schuhmacher, Gerd A. Kullak-Ublick, Matti Aapro, Alexandru Eniu

Submitted to: Journal of Medical Internet Research
on: November 01, 2023

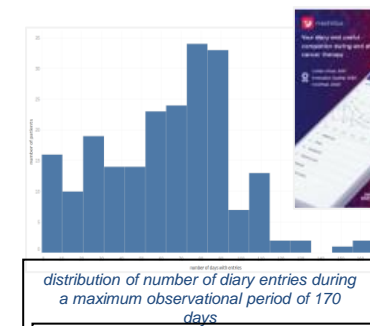


Towards an Early Warning System for Monitoring of Cancer Patients Using Hybrid Interactive Machine Learning

Andreas Trojan^{*1,2}, Emanuele Laurenzi³, Stephan Jüngling³, Michael Kiessling¹, Ziad Atassi¹, Yannick Kadwany⁴, Meinrad Mannhart⁵, Christian Jackisch⁶, Hans-Friedrich Witschel³

¹ Breast Center Zürich-See, Zürich, Switzerland
² Clinic for Clinical Pharmacology and Toxicology, University Hospital, Zürich,
³ FHNW, University of Applied Sciences and Arts Northwestern Switzerland
⁴ mobile Health AG, Zürich, Switzerland
⁵ Onko-Hämatologisches Zentrum Zug, Switzerland
⁶ Sana Klinikum Offenbach GmbH, Offenbach, Germany

Digital Health, 2024



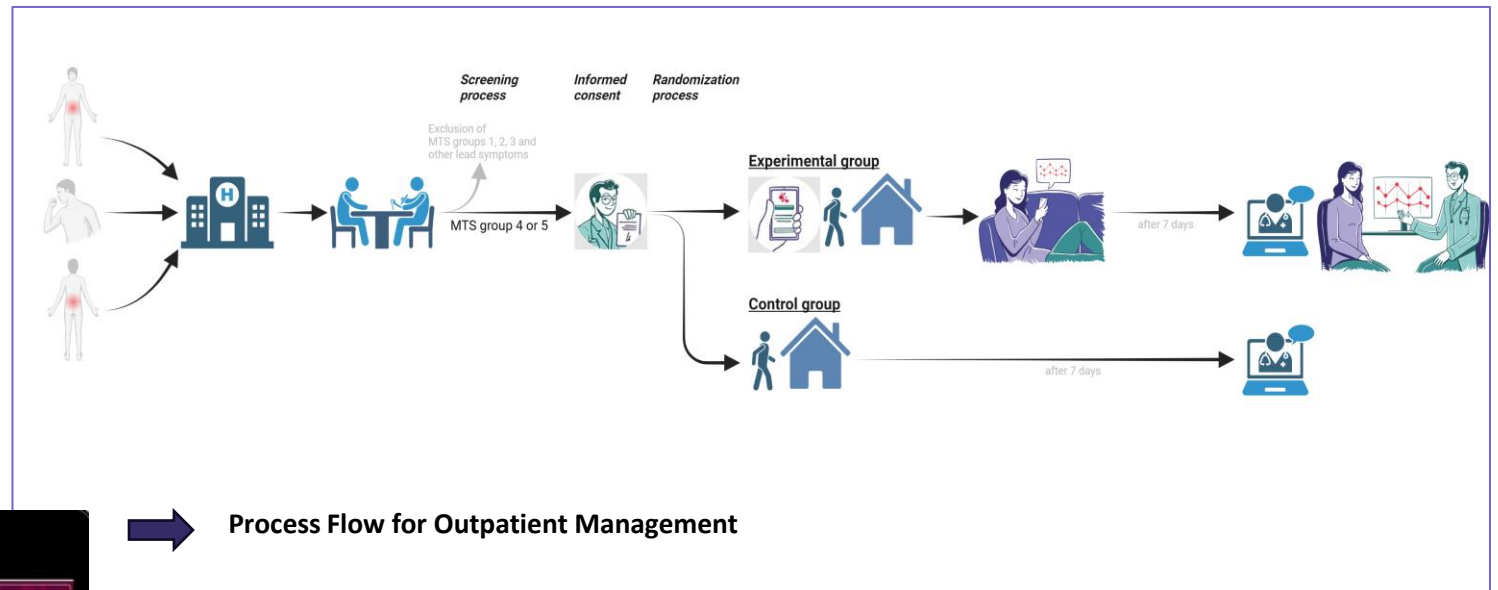
distribution of number of diary entries during a maximum observational period of 170 days

Attribute(s)	Number	Description	Type / values
Birth year	1		Numeric
Sex	1		{male, female}
Primary tumor	1		{breast, gut, blood/lymph, lung, prostate}
Well-being	1	Subjective well-being	{0,...,100}
Therapy form	1	Frequency of treatment	{daily, weekly, bi-weekly, 3-weekly, 4-weekly}
Drugs	88	Cancer drugs, other drugs	{1, nan}
Symptom grading	52	Strength of relevant symptoms, based on CTCAE	{0,...,1, nan}
Diagnosis terms	246	Terms occurring in diagnosis details of patient	Numeric (TF/IDF)
Note terms	311	Terms occurring in patient notes	Numeric (TF/IDF)
Unplanned visit	1	Class attribute	{yes, no}

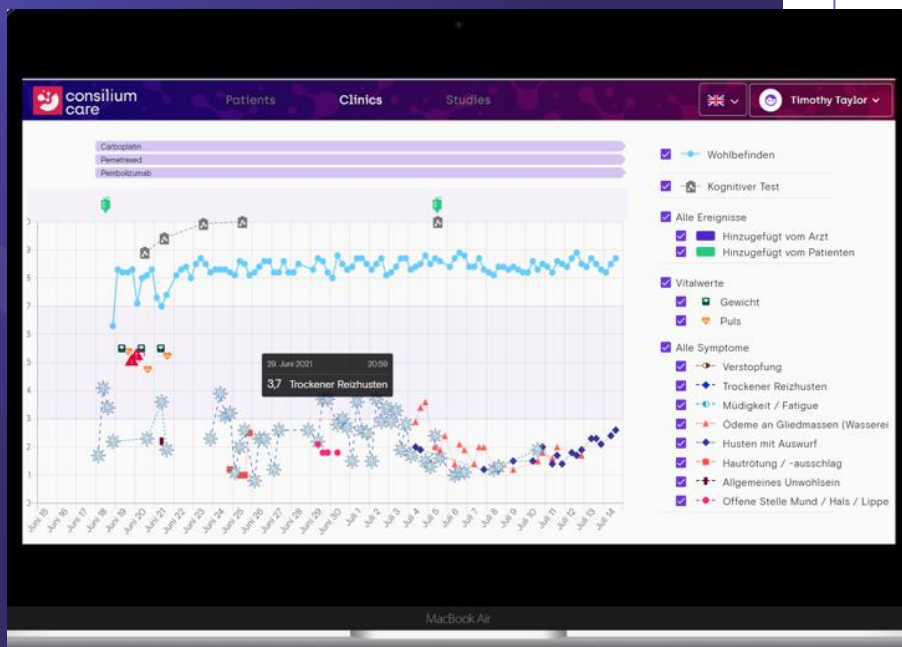
Table 1: Data available for patients' diary entries (ePROs)

60`000 data entries overall, the ML-learned rule set achieved a recall of ~30% (166 = 47/119) on the entire dataset and a precision of 15%

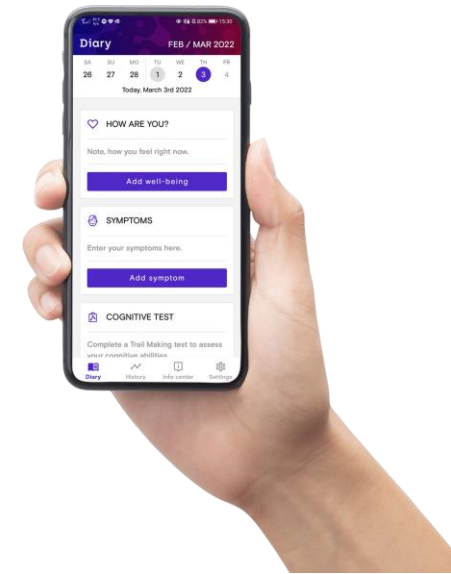
Discharge management @home



➔ Process Flow for Outpatient Management



➤ Predictive Analytics for Early Warnings (standardized, structured, reviewed CTCAE, IoT, ECG, CRP test)



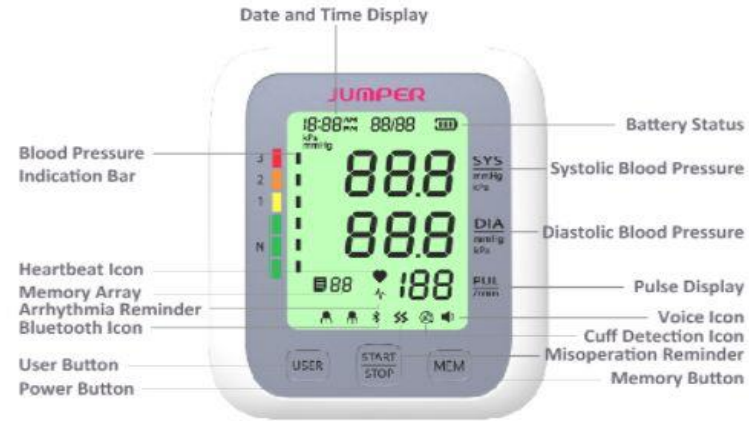
Wearable Devices for management @home



Thermometer



Blood Pressure



Integrated CRP @home test



Weight Scale



Dedicated High-end Design

Oximeter

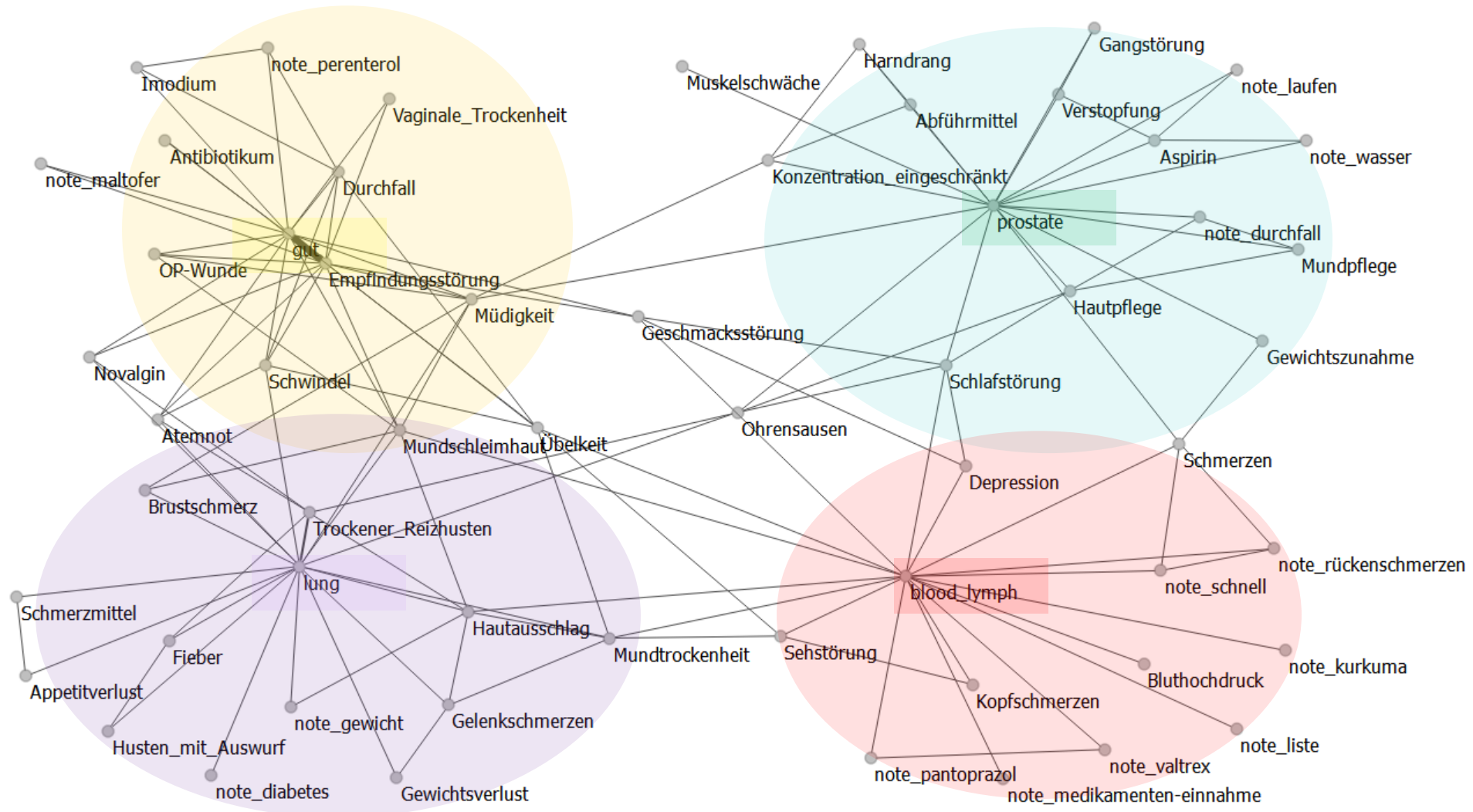


Mobile ECG



Eurostars Funding (2024) submitted

Reverse Cluster of differentiation with medidux®



Accuracy of symptom reporting from patients can identify type of cancer or adherence to medication

Historically, patient outcomes have been characterized using limited, visible-to-the-system data sets with key data sources from clinical trials

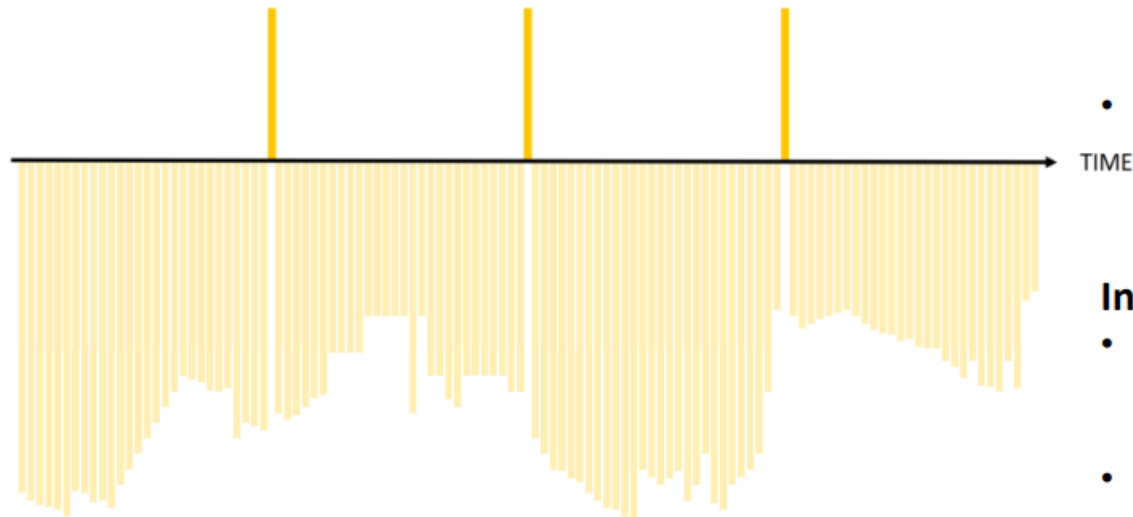
* DATA POINTS

Visible

episodic

Invisible

continuous,
passive



Visible Data

- Episodic data collection based on patient visits with limited data (e.g. check-ups, treatment visits, etc.)
- Data collected within clinical trials

Invisible Data

- No or limited direct patient reporting with non-continuous observation methods
- e.g. questionnaires, telephone calls

➤ *These visible data sets often do not capture the full spectrum of patient experiences and may not reflect the variability encountered in everyday clinical practice*

Publications

“Stand heute”

- Egbring M, [Trojan A](#) et al.: A mobile app to stabilize daily functional activity of breast cancer patients in collaboration with the physician: a randomized controlled clinical trial. [J Med Internet Res](#) 2016;18(9):e238
- [Trojan A](#), Leuthold N, Thomssen C, Rody A, Winder T, Jakob A, Egger C, Held U, Jackisch C. [J Med Internet Res](#). 2021 Aug 5;23(8):e29271.
- Pircher M, Winder T, [Trojan A](#). Response to Vemurafenib in Metastatic Triple-Negative Breast Cancer Harboring a BRAF V600E Mutation: A Case Report and Electronically Captured Patient-Reported Outcome. [Case Rep Oncol](#). 2021 Mar 29;14(1):616-621
- [Trojan A](#), Bättig B, Mannhart M, et al. Effect of Collaborative Review of Electronic Patient-Reported Outcomes for Shared Reporting in Breast Cancer Patients: Descriptive Comparative Study. [JMIR Cancer](#). 2021 Mar 17;7(1):e26950.
- Asper N, Roth KS, Hany TF, Salzberg SP, Tinguely M, Kadavy Y, [Trojan A](#). Metastatic Salivary Duct Carcinoma with ERBB2 Amplification and Sequential Response to Ado-Trastuzumab Emtansine and Neratinib: A Case Report. [Case Rep Oncol](#). 2023 Nov 29;16(1):1500-07
- Himmelreich F, Jetter A, Kiessling MK, Kadavy Y, [Trojan A](#). Interference of Herbal [Medicine with Axitinib](#) in Metastatic Renal Cell Cancer Treatment. [Case Rep Oncol](#). 2023 Nov 9;16(1):1362-69.
- [Trojan A](#), [Brauchbar](#) M, et al. Smartphone App for Real-World electronically captured Patient-Reported Outcome Monitoring in Cancer Patients Undergoing anti-PD-L1-Directed Treatment. [Case Rep Oncol](#). 2020 May 12;13(2):491-496.
- [Trojan A](#), et al. Towards an Early Warning System for Monitoring of Cancer Patients Using Hybrid Interactive Machine [Learning](#) (JMIR AI, submitted 09.12.2023)
- [Trojan A](#), et al. Comparing HER2-directed biosimilar [Ogivri](#)® with Herceptin™ in the treatment of breast cancer by real-world reporting of symptoms and well-being using electronic patient-reported outcome (ePRO): results of the OGIPRO study. (JMIR cancer; Feb2024)
- [Trojan A](#), et al. Impact of "electronic Patient Reported Outcomes" (ePRO) on unplanned consultations and hospitalizations in cancer patients undergoing systemic therapy: results of the PRO study compared with matched retrospective data (JMIR Formative Research, 2024)
- [Trojan A](#), et al. Reverse Cluster of differentiation with [medidux](#) through accuracy of symptom reporting from patients can identify type of cancer or adherence to medication (submitted)

ePROs by medidux™



Bewertung

1 = tief, komplex, benötigt Zeit
3 = hoch, einfach, schnell



Beschreibung

Mobile Health bietet eine patientenzentrierte Softwareanwendung an, mit der Patient*innen ihr Wohlbefinden und Symptome sowie Vitalparameter und die Einnahme von Medikamenten strukturiert und standardisiert elektronisch (sogenannte electronic patient-reported outcomes; ePROs) erfassen können. Zudem können Patienten ihre Vitalwerte mit verschiedenen Medical Devices automatisch erfassen. Der Arzt erhält ein strukturiertes Bild des Befindens des Patienten und des aktuellen und historischen Therapieverlaufs. Die Entscheidungsfindung des Arztes wird durch AI Module unterstützt.



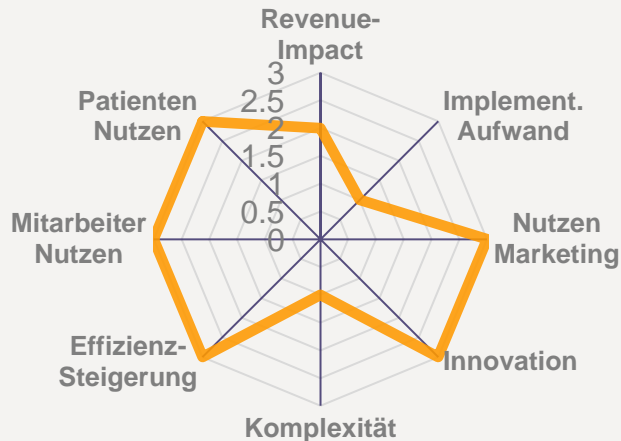
Benefit für Mediziner

- Effizientere Nutzung der ärztlichen Ressourcen mit möglichen Kosteneinsparungen (weniger Admin Aufwand)
- Optimierter Therapieverlauf durch personalisierte und evidenzbasierte Schaffung von Entscheidungsgrundlagen
- Bessere Betreuung und Behandlung von Patienten durch real world data (RWD).
- Zertifiziertes und erprobtes Medizinprodukt mit grosser wissenschaftlicher Evidenz



Benefit für Patienten

- Optimierter Therapieverlauf durch höhere Adherence
- Einfachere Dokumentation von Symptomen und Medikation.
- Einfacher Austausch der Daten mit zusätzlichen HCPs via PDFs.
- Geringere Inanspruchnahme medizinischer Ressourcen
- Besseres Wohlbefinden während Therapie
- Tipps für eigenständige Behandlung von Symptomen



— Bewertung 1, 2 oder 3



Next Steps

Nationale Register- Studien; Digital Health Academy: AI, Health monitoring@home
Internationale Studien Kooperationen
Dezentralisierte Klinische Studien



Empfehlung / Priorität

Patienten Organisationen / Patient-Advocats
Universitäre Anbindung
Erstattungsfähigkeit Versicherungen

Thank You !

Let's transform the way we
communicate and think ...

... in clinical care and
decentralized clinical trials

